## SUMMER R&R Sample SCHEDULE

## Summer 2023

<u>R&R Speaker:</u> <u>R&R Topic</u>

## <u>Mentors:</u>

FRIDAY	
2:00 - 2:15	Senior Staff and Apprentices Meeting/ST joins later
4:00	Guest Arrival and Check-In
6:00	Dinner
7:30 - 8:00	Staff Introductions and Dismissal of Children (Pettijohn Room/3rd Floor)
8:00 - 8:45	Family/Speaker Intro Session #1 /Teen-Children Program (Classrooms)
8:45 - 9:15	Root Beer Floats and Games near the Firepit
10:00	Quiet in Heritage House
	SATURDAY
7:00 - 7:30	Morning Stretches and Calisthenics (Heritage Lawn, bring a beach towel)
7:30 - 8:00	Morning Devotional for Guests (Pettijohn Room)
8:30	Breakfast
10:00 - 12:15	Teen-Children Program (Game Room)
10:00 - 10:45	Couples/individual study & quiet time
10:45 - 11:30	Speaker Session #2
11:30 - 12:15	Adult Discussion
12:30	Lunch
Afternoon	Horseback Riding (\$30/ride fee—sign up at front desk after breakfast)

2:00 - 3:00	Climbing Wall (ages 5+), Zip Line (8+) (parental supervision required for those under 15)
2:00 - 4:00	Optional childcare for ages 0-10 (\$6 per hour for first child, \$3 for each additional child)
2:00 - 4:30	Swim Day at Promise Pond (parental supervision required for those under 15)
3:30 - 4:00	AO! Check-in (Portico)
4:30-5:00	OCF Local Leader Workshop (Pettijohn Room)
5:30	Dinner
7:00 - 7:30	Family Hour (Pettijohn Room)
7:30 - 8:30	Speaker Session #3 (Pettijohn Room)/Teen-Children program (Classrooms)
8:30	Snacks (Dining Room)
9:00	Night Hike (bring a flashlight)
10:00	Quiet in Heritage House

## SUNDAY

7:30 - 8:00	Morning devotional for guests (Pettijohn Room)
8:30 - 9:15	Open Buffet Breakfast
10:00 - 11:15	Morning Worship (Speaker Session #4—nursery available for ages 0-3)
11:15 - 12:15	Sunday School Hour (Teen-Children Program; Men's & Women's Breakout Discussion
12:30	Sunday Dinner
12:30 2:00 - 5:00	Sunday Dinner Horse Camp (Weeks 1, 2, 3 & 6)
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3:30	Camp Caleb Check-in (Heritage Portico)
3:30 - 4:30	Ice Cream (Heritage Porch)
5:15	Fine Dining (Harrison Dining Room)
5:30	Supper
7:00 - 8:30	Hayride/Campfire at the Picnic Pond & S'mores
10:00	Quiet in Heritage House
	MONDAY
7:00 - 7:30	Morning Stretches and Calisthenics (Heritage Lawn, bring a beach towel)
7:30 - 8:00	Morning devotional for guests (Pettijohn Room)
8:30	Breakfast
9:55 - 12:15	Nursery and Pre-K/K available
10:00 - 12:00	Family Scavenger Hunt (meet in the Heritage House Field)
10:15 - 11:45	Camp Caleb Store Open
12:30	Lunch
2:00 - 5:00	Horse Camp (Weeks 1, 2, 3 & 6)
2:00 - 4:00	Optional Childcare up to Grade K (\$6 per hour for the first child, \$3 for each additional child)
2:00 - 4:30	Swim Day at Promise Pond (parental supervision required for those under 15)
2:30 - 3:30	Low Ropes Course
4:30 - 5:00	OCF Local Leader Workshop (Pettijohn Room)
5:30	International Dinner – dress-up night/program

7:00 - 7:30	Family Hour (Pettijohn Room)
7:30 - 8:30	Speaker Session #5 / Teen-Children Program (Classrooms)
8:30	Snacks (Dining Room)
10:00	Quiet in Heritage House
	TUESDAY
7:00 - 7:30	Morning Stretches and Calisthenics (Heritage Lawn, bring a beach towel)
7:30 - 8:00	Morning devotional for guests (Pettijohn Room)
8:30	Breakfast
10:00 - 1:30	Field Day and picnic lunch for kids
10:00 - 10:45	Couples/individual study & quiet time
10:45 - 12:15	Men's & Women's Breakout Session (Pettijohn Room)
12:30	Adults Only Lunch
1:45 -2:15	Walking WSS History Tour of Harrison Project (meet at Heritage Portico)
2:00-3:30	Ice cream in Harrison Dining Room
2:00-3:30	Crafts at Fort Cochran (Various cost: \$1-\$4)
3:00 - 3:15	Harrison House Tour (Harrison Lobby)
3:00 - 4:30	High Ropes Course (for ages 10+, adults must participate with ages 10-14)
5:30	Dinner
7:00 - 7:30	Family Hour (Pettijohn Room)
7:30 - 8:30	Speaker Session #6 / Teen-Children Program (Classrooms)

8:30	Snacks (Dining Room)
10:00	Quiet in Heritage House
	WEDNESDAY (FAMILY DAY)
7:00 - 7:30	Morning Stretches and Calisthenics (Heritage Lawn, bring a beach towel)
7:30 - 8:00	Morning devotional for guests (Pettijohn Room)
8:30	BreakfastLunch fixings available for guests to make their lunches in Dining Room.
	(Lunch not served on Wednesday)
12:30 - 1:30	Dining room open. Those who remain at WSS may eat their lunches in the dining room.
6:00	Dinner - Country/western "Americana" dress up
7:30 - 9:00	Line/Square Dance under the Portico & Snow Cones
10:00	Quiet in Heritage House
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10:00 7:00 - 7:30	
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11:45 - 12:15	Adult discussion/Application session w/ speaker (Pettijohn Room)
12:30	Picnic Cook Out Lunch (Picnic Pond) (Camp Caleb & AO! Attends)
1:20	Water Balloon Toss
Afternoon	Extended horseback riding, guest families (\$55/ride fee) & Ponytails
2:30 - 4:00	Optional childcare for ages 0-10 (\$6 per hour for first child, \$3 for each additional child)
2:30 - 4:30	Swim Day at Promise Pond (parental supervision required for those under 15)
5:00	Weeks 2,3,5 OnlyCamp Caleb Day Camp Pickup (Heritage Portico)
5:30	Dinner
7:00 - 7:45	Family Hour + Slideshow (Pettijohn Room)
7:45 - 8:45	Speaker Summary & Adult Reflection Session/Teen-Children Program (Classrooms)
10:00	Quiet in Heritage House

FRIDAY	
7:00 - 7:30	Morning Stretches and Calisthenics (Heritage Lawn, bring a beach towel)
7:30 - 8:00	Morning devotional for guests (Pettijohn Room)
8:30	Farewell prayer breakfast
10:00	Clear rooms/Check out
11:15-12:00	AO! & Camp Caleb Closing Ceremony (Heritage Back Lawn)
12:30	Optional lunch (please sign up by Wednesday morning if you want to attend)